



COMMANDER'S CALL TALKING POINTS

November 2021



Invisible Wounds Initiative Command Team Campaign

Gen. Charles Q. Brown, Chief of Staff of the Air Force (CSAF) and Gen. John W. Raymond, Chief of Space Operations (CSO) have charged command teams to lead, support, and engage Airmen and Guardians living with invisible wounds.

"We call on each command team to act – to lead, support, and engage our Airmen and Guardians living with invisible wounds."

On Oct. 8, 2021, the CSAF and CSO launched the Invisible Wounds Initiative Command Team Campaign, a plan of action for leaders to change the culture surrounding invisible wounds and maintain a resilient fighting force. Visit MissionReadyForce.com to view the CSAF-CSO signed memo in its entirety.



On the website, you can also find the [Invisible Wounds Command Team Guide and Toolkit](#), which equips leaders with fundamentals about invisible wounds, recognizing the signs and symptoms of invisible wounds, understanding both causes and impacts of invisible wounds, resources to direct Airmen and Guardians to care, and an overview of responsibilities as a member of the Command Team.

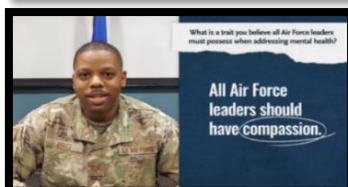
Commanders – now is the time to do your part! Have open, honest conversations with your Airmen and Guardians and provide access to support resources to reduce barriers to help-seeking. Engage Command Teams, build knowledge of invisible wounds, and model behaviors to develop trust and connectedness. Focused leadership is what will make the difference in the lives of your people.

Commander Storytelling Videos

Air Force leaders share their perspectives on the integral roles of Command Teams in supporting [mental fitness](#), [compassion through leadership](#), [help in the recovery process](#), and [creating a positive culture](#). The Commander Storytelling Video series highlights the diverse techniques leaders have employed to help Airmen through their invisible wounds recoveries.

What can I do as a leader?

To learn more about what Air Force leaders can do to maintain a resilient, mission ready force, click on the video links and check out the [Role of Leadership Factsheet!](#)



Resources



Veteran's Day is November 11th.

Thank your Airmen and other service members for their bravery, sacrifice, and dedication to protecting our country.



[Air Force Resilience](#)

Find leadership resiliency tools and resources.

MILITARY **ONE**SOURCE

Find a [list of DoD resources](#) and support options related to specific mental health conditions



The [U.S. Air Force Key Spouse Program](#) is an official Air Force Unit Family Readiness Program designed to enhance readiness, strengthen personal/family resiliency, and establish a sense of Air Force community.